

COLCHESTER SWIMMING CLUB
County Qualifier Meet 2019
7th & 8th December 2019
License No 3ER191327

Meet Conditions

GENERAL

1. The Competition is a category 3 Licensed Meet (License 3ER191327)
2. This licensed meet shall be subject to Swim England Laws and Regulations and Swim England Technical Rules of Racing and to these criteria.
3. Venue: Braintree Swimming & Fitness, Charter Way, Essex, Braintree CM77 8YJ, Phone: 0345 260 1535
4. The competition will be held in an 8 lane, 25m-deck level pool with anti-wave lane ropes. The depth of the shallow end is 1.1m. The blocks are 700mm above the water line at the deep end of the pool. Omega electronic timing will be in operation. A secondary strobe for the starting system is not available
5. Colchester Swimming Club is affiliated to the Swim England East Region.
6. All entrants must be members of an ASA affiliated club and registered as a Cat 2 member of the ASA.

ENTRIES

7. All entries for this meet must be processed online via our website (see <http://www.colchesterswimming.com/openmeet.shtml>). To enter, use the appropriate Meet Entry Link on the Club Website for each Open Meet. Please note it is free to create an account on Swimfee.com.
8. Entry times do not get updated after you submit your entry. The time that is displayed when you enter your swimmer will be the time that they are entered at, even if they swim a faster time after that date.
9. Entry times must be slower than the Qualifying Times listed.
10. Entries are processed on a first-come first-served basis.
11. The list of accepted entries will be confirmed in your Swimfee Account 3-5 working days after the Meet Closing Date or when the Promoter finalises the Meet Entries. Swimfee will also email your accepted entries to the email address registered with your Swimfee account. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any mistakes / changes that is required. Club contacts are able to view their Club Entries when they create a FREE Club Account with Swimfee.com using the Track My Swimmer Feature. This feature also confirms the accepted/rejected status of each entry.
12. There will be no refunds of Entry Fees unless the Organisers for any reason reject the entries.
13. The Meet Promoter will check entries against the Swim England British Rankings Database. Falsely entered times will be rejected without refund.

14. The closing date for entries is **midnight on 17th November 2019**.

15. **Entry fee £5.50 per event.**

AGE GROUPS

16. Age groups: 9 years, 10 years, 11 years, 12 years, 13 years, 14 years 15 years and over. **Age as at date of Meet.**

17. Each event will incorporate all relevant age groups and age group winners will be on a Heat Declared Winner basis.

THE COMPETITION

18. Over the top starts may be used at the Referee's discretion.

19. All events will be seeded and spearheaded on submitted times.

20. In the event of a no show of a swimmers for a session of racing, we ask that the coach responsible for that swimmers completes a withdrawal form, enclosed in the coaches pack, and deliver it to the AOE suite not less than 40 minutes before the start of the session that swimmer was due to compete in.

21. Swimmers must report to the Competitors Stewards when instructed to do so by the announcer. Any competitor not reporting in time will be excluded.

22. Team Managers/Coaches passes can be applied for with Entries Summary Forms at a cost of £10.00 each. The application must include the Club Secretary's confirmation that the Team Managers/Coaches have been DBS checked. Entry to poolside will be restricted to swimmers, officials and coach pass holders. Maximum of 2 passes up to 20 swimmers.

23. Results sheets will be posted on the day at the venue, as soon as possible after each event, in a position where spectators and swimmers can see the final positions for each event. Results will also be available on the Colchester Swimming Club website as soon as possible after the meet.

AWARDS

24. The first three swimmers in each age category 9, 10, 11, 12.13.14.15+ will receive an award

ADDITIONAL INFORMATION

25. Admission for spectators will be £5.00 all day, £3.00 single session.

26. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.

27. The promoter reserves the right to refuse admission to any person.

28. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws, Regulations and the Swim England Technical Rules of Racing

29. The meet Promoter is Helen Stephens, mobile 07973 368765.

County Qualifier Meet

Promoter's Meet Notes and Information

1. Venues and Host Information

a) A Press photographer may be present at this event.

2. Admission and Facilities

a) **Mobile phones must be turned off** or switched to silent in the spectator's gallery. No mobile phones are allowed poolside.

b) Space is limited and only a small bag will be allowed on poolside. Swimmers are advised to bring a £1 coin (Refundable) to use the lockers in the changing rooms. No valuables should be left unattended. The promoter cannot accept liability for any losses or damage that may occur.

c) Refreshments will be on sale during the Meet.

d) There will be a swim shop selling costumes, goggles and other accessories.

d) Spectators will not be able to remain in the pool area or spectators' gallery between each session.

3 Officials

a) Mentoring will be offered to all officials; please indicate on the officials form, mentoring required.

b) Officials at the Meet will be provided with poolside drinks, Saturday lunchtime snack and midsession meal Sunday mid-morning snack and lunch.

4 Safety

a) FIRE EXITS are clearly marked. Everyone attending this Meet must ensure that they familiarise themselves with these exits in case of need in any emergency.

b) Team Managers/Coaches shall satisfy themselves that their swimmers are competent to the standard of the Swim England Competitive Start Award. Any swimmer not so competent must start from the poolside or in the water and shall inform the referee to this effect. In the event of a faulty start swimmers must execute a shallow racing dive. They must not topple into the water head first as this is dangerous.

5 Warm Up

a) Swimmers will only be permitted to warm up at their designated time.

b) At least one Team Manager/Coach must be in attendance at each end of each lane during the warm up period before warm up will be allowed to commence.

c) No diving will be allowed from either end except when lanes are designated as sprint lanes at which time diving will be allowed in those lanes from the deep end only.

6 Results and Awards

a) **Spot Prize** will be awarded to heat winners randomly in all events. A bell will be rung to announce a spot prize heat.

b) All Competitors' times and disqualifications will be published on our web site

www.colchesterswimming.com as soon as possible after the Meet.

7 Photography

In order to comply with the Swim England's child protection policy and the conditions of the meet licence, all members should ensure they familiarise themselves with the Club's Mobile Phone and Email Policy found on our website before the meet. There is not a requirement to register your own phone, tablet or camera before or at this meet. However, all photos should only be taken in accordance with our Mobile Phone and Email Policy, to ensure we continue to safeguard all our members. The rules on photography apply to swimmers, coaches, team managers, officials and volunteers as well as spectators, and to the use of mobile phones, tablets or other image-capturing electronic devices as well as cameras. Note that any photography in the changing rooms is **absolutely forbidden** by both the club and the swimming pool management.

Affiliated to Essex County ASA & the ASA East Region

COLCHESTER

SWIMMING CLUB



COUNTY QUALIFIER MEET

This licensed meet shall be subject to Swim England Laws and Regulations and Swim England Technical Rules of Racing and to these criteria.

Saturday - Sunday 7th & 8th December 2019

Braintree Swimming & Fitness Centre, Level 3 Licence 3ER191327

Programme of Events

Saturday 7 th December 2019	Saturday 7 th December 2019	Sunday 8th December 2019	Sunday 8th December 2019
Session 1	Session 2	Session 3	Session 4
Warm up 12.00 Start 12.45	Warm up tbc Start tbc	Warm up 10.00 Start 10.45	Warm up tbc Start tbc
Event 1 Boys 400m Freestyle Event 2 Girls 400m Freestyle Event 3 Boys 50m Breaststroke Event 4 Girls 50m Breaststroke Event 5 Boys 100m Backstroke Event 6 Girls 100m Backstroke Event 7 Boys 200m Butterfly Event 8 Girls 200m Butterfly	Event 9 Boys 200m I.M. Event 10 Girls 200m I.M. Event 11 Boys 50m Backstroke Event 12 Girls 50m Backstroke Event 13 Boys 100m Breaststroke Event 14 Girls 100m Breaststroke Event 15 Boys 200m Freestyle Event 16 Girls 200m Freestyle	Event 17 Boys 50m Freestyle Event 18 Girls 50m Freestyle Event 19 Boys 200m Backstroke Event 20 Girls 200m Backstroke Event 21 Boys 100m Butterfly Event 22 Girls 100m Butterfly	Event 23 Boys 400m IM Event 24 Girls 400m IM Event 25 Boys 50m Butterfly Event 26 Girls 50m Butterfly Event 27 Boys 200m Breaststroke Event 28 Girls 200m Breaststroke Event 29 Boys 100m Freestyle Event 30 Girls 100m Freestyle



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Braintree Swimming and Fitness

[Level 3 Licence – 3ER191327](#)

Upper Limit Times

Boys							No faster than Upper Limit	Girls						
9	10	11	12	13	14	15+	EVENT	9	10	11	12	13	14	15+
35.32	33.51	31.65	27.10	27.85	25.35	23.08	50m FLY	36.17	32.72	29.94	29.65	28.83	27.21	26.63
37.93	33.84	33.25	29.00	28.60	25.84	24.24	50m BACK	38.93	34.56	32.36	31.16	28.08	28.55	27.24
40.22	37.62	36.33	32.74	31.94	28.61	27.54	50m BREAST	41.42	39.72	36.23	35.16	33.76	31.67	30.30
32.22	28.89	28.46	25.62	25.64	23.22	22.06	50m FREE	32.22	30.55	28.80	26.61	26.45	25.70	24.75
01:23.74	01:16.19	01:11.33	59.25	01:01.03	56.88	51.43	100m FLY	01:23.61	01:15.93	01:06.42	01:03.76	01:04.20	59.01	58.15
01:23.31	01:12.62	01:09.31	01:05.54	56.18	58.04	52.68	100m BACK	01:20.59	01:13.96	01:08.62	01:03.82	01:01.96	01:02.60	58.72
01:30.76	01:23.84	01:19.64	01:07.89	01:08.97	01:04.31	59.91	100m BREAST	01:29.36	01:24.86	01:20.24	01:14.45	01:12.31	01:09.97	01:05.99
01:12.82	01:05.74	01:03.45	57.48	55.88	50.79	48.30	100m FREE	01:10.32	01:07.89	01:01.23	58.62	57.87	56.21	52.92
03:12.91	02:49.51	02:37.87	02:12.44	02:00.96	02:05.48	01:55.34	200m FLY	03:09.34	02:48.94	02:31.31	02:22.92	02:19.25	02:11.11	02:07.21
02:52.65	02:36.96	02:23.25	02:20.42	02:10.28	02:05.17	01:54.05	200m BACK	02:53.85	02:37.70	02:23.74	02:17.09	02:11.23	02:10.11	02:08.94
03:29.16	03:03.22	02:49.27	02:32.95	02:30.43	02:19.66	02:09.10	200m BREAST	03:15.10	03:03.00	02:52.97	02:36.24	02:37.10	02:30.43	02:25.12
02:41.12	02:22.48	02:13.89	02:06.99	01:59.37	01:51.09	01:44.16	200m FREE	02:33.85	02:26.39	02:15.91	02:08.01	02:05.04	02:00.13	01:54.59
02:58.46	02:39.43	02:35.32	02:13.77	02:14.78	02:07.26	01:55.73	200m IM	02:50.34	02:42.26	02:33.26	02:23.37	02:21.30	02:12.43	02:09.61
05:45.25	04:57.50	04:45.57	04:15.99	04:12.59	04:01.92	03:36.66	400m FREE	05:38.29	05:03.28	04:44.91	04:29.74	04:24.07	04:12.93	04:04.83
06:22.63	05:44.08	05:25.26	04:45.19	04:42.61	04:34.31	04:14.56	400m IM	06:58.48	05:45.27	05:20.07	05:02.69	04:58.35	04:40.28	04:36.81

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Saturday & Sunday 7th & 8th December 2019

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Officials Details & Coaches Passes

Club _____

Contact Name and Number _____

Email Address _____

Coaches Passes @ £10 each for weekend	
Name of Official Session 1 (1)	Qualifications (J1/J2/J2S/Referee)
Name of Official Session 2 (1)	Qualifications (J1/J2/J2S/Referee)
Name of Official Session 3 (1)	Qualifications (J1/J2/J2S/Referee)
Name of Official Session 4 (1)	Qualifications (J1/J2/J2S/Referee)

(1) Please indicate if mentoring is required and any dietary requirements, e.g. Gluten free or Vegetarian

Send to: Helen Stephens – secretary@colchesterswimming.com

For purchase of Coaches Passes, please process payment (according to the number of passes) required to our Club Bank

Account as follows:

Account holder: Colchester Swimming Club

Sort code: 20-22-67

Account: 80241326

Reference: your club name

Please send proof of payment with completed Officials & Coaches Form above, to the Meet Promoter, Helen Stephens – secretary@colchesterswimming.com)